

ENNSTALER STEIRISCHER
(Austria-Styria)

Source: Anton Novak: Steirische Taenze

Music: Folkraft 1403 A "Stubalm Laendler". No introduction.

Formation: Couples, W to R of M.

Steps: Laendler

Measures
3/4

Pattern

I. ENCIRCLING

- 1-8 Cpls side by side, inside hands joined, free hands on hips. M raises joined hands above W head. W turns CW in place while M encircles her CCW.
- 9-16 Reverse directions, and end facing each other.

II. SINGLE LEFT NECK POSITION

- 1-8 With both hands joined, M places his L behind W neck, L shoulders adjacent. Other arms are chest high, stretched out. Turn CCW.
- 9-16 M puts L hand behind his own neck. R shoulders are now adjacent. Turn CW.

III. SINGLE RIGHT NECK POSITION

- 1-16 Repeat action of Fig II, but begin R hand behind neck.

IV. DOUBLE NECK POSITION

- 1-8 Same as Fig II except both hands behind neck, R shoulder adjacent.
- 9-16 Repeat meas 1-8, Fig IV with L shoulders adjacent.

V. BACK GRASPS

- 1-8 Both face with joined hands high. M lower L hand, W turn 3/4 CCW. Then M lowers R hand and with L shoulders adjacent, both turn CCW.
- 9-16 Reverse the above and turn CW--unwind and face ptr, hands still joined.

VI. CURVES

- 1-8 Facing ptr, M places L hand on W L hip. W makes 1/2 turn CW under M R, ending side by side, W on L of M with leading hands curved fwd. Turn CCW.
- 9-16 Reverse pos and turn CW.

VII. CHASE AND CATCH

- 1-8 Release hands. W with both hands on hips turns CW in front of M. M follows chasing her, and clapping his hands.
- 9-16 Standing side by side (W on M R) facing LOD, M takes W R

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hand with his R hand outstretched in front, chest high, and takes her L hand with his L, and places it on his back. In this pos turn CCW.

VIII. LEFT AND RIGHT WINDOWS

- 1-8 M bends over and backs out under his own L arm, raises L hand and W turns CW into L window.
9-16 Reverse to R window.

IX. LEFT AND RIGHT BIG WINDOW

- 1-16 Same as Zillertaler Laendler.

X. LEFT AND RIGHT CROSS IN FRONT OF CHEST

- 1-8 Unwind until both are side by side, W on L side of M. With arms crossed in front of chest, turn CCW.
9-16 Reverse pos and turn CW.

XI. CIRCLING

- 1-8 M goes down on L knee, drops hands and takes W L hand with his R. W now encircles M once CCW.
9-16 M rises still holding W L hand in his R, and while W now turns CW in place, he encircles her CCW.

XII. CHASE AND FINALE

- 1-8 Repeat action of meas 1-8, Fig VII.
9-16 In laendler pos (shoulder blades) turn CW, end with a lift.

Presented by: Walter Grothe